



Name of Facility: Little Folks School

Infant/Toddler Safe Sleep Policy

Date Adopted: January 1, 2010

Sudden Infant Death Syndrome (SIDS) is the unexpected death of a seemingly healthy baby for whom no cause of death can be determined based on an autopsy, an investigation of the place where the baby died and a review of the baby's medical history.

The Child Care Law requires that child care providers caring for children 12 months of age or younger implement a safe sleep policy, share this information with parents, and participate in training.

This facility believes all families have a right to safe and healthy child care and will practice the following safe sleep policy:

Mandatory Safe Sleep Practices: **Optional Safe Sleep Practices:**

1. All child care staff working in the infant room, or child care staff with scheduled hours in the infant room, will receive training on our Infant Safe Sleep Policy and SIDS risk reduction.

2. Infants will always be placed on their backs to sleep, unless there is a signed sleep position waiver on file as allowed by law. (Doctors written permission required) A notice will be posted for quick reference near the infant's crib or cot.

3. Infants will be placed to sleep in a crib with a firm mattress. At 10/11 months, if the child is ready, the infant will be placed on a cot to rest for transitioning purposes.

4. Infant's head will not be covered with blankets or bedding. The tops of infant's crib will not be covered with bedding.

5. Room temperature will not exceed 75 degrees F on floor level.

6. Only one infant will be in a crib at a time, unless we are evacuating infants in an emergency or in practice drills.

7. No smoking is permitted on daycare property or in vehicles that transport children.

8. Awake babies will be given supervised "tummy time"

9. Caregivers will visually check on sleeping infants.

We will check them by: **OBSERVATION**

We will check them: **EVERY 15 MINUTES**

We will document that we checked them by: **DOCUMENTING IT ON SLEEP CHART**

10. Will pillows, blankets, toys, or other objects be placed in infants' cribs? **YES or NO**

If YES, the following number and types of objects are allowed:

*Receiving blanket, pacifier

11. The following describes what we will do if babies change position after being placed on their backs to sleep:

* We check their position and document it. We will not change the position they are in.

NOTE

All parents/guardians of infants cared for in this facility will receive a written copy of our Infant/Toddler Safe Sleep Policy and information about SIDS risk reduction before enrollment.

I, the undersigned parent or guardian of _____ (child's full name), do hereby state that I have read and received a copy of the facility's Infant/Toddler Safe Sleep Policy and that the facility's director/owner/operator (or other designated staff member) has discussed the facility's Infant/Toddler Safe Sleep Policy with me.

Date of Child's Enrollment: _____

Signature of Parent or Guardian: _____

Signature of Child Care Provider: _____